



## STEP-BY-STEP GUIDE TO USING YOUR JUNIOR FOOT GAUGE

**Clarks**

We know it can be a little tricky to measure your child's feet at home, but with a couple of practice runs you'll soon get the hang of your Junior Foot Gauge.



### **Before you start, just check a couple of small things:**

You have your Junior Foot Gauge ready and placed on a flat, even surface.

Your child is wearing socks or tights that are well-fitting and not creased.

You have something ready to take a note of the measurements.



### **MEASURE THE LENGTH STEP 1**

Position your child's foot on the gauge, with their heel snug in the heel rest.

Ask them to stand up straight.

Make sure that they keep their weight evenly spread over both feet.



### **MEASURE THE LENGTH STEP 02**

Make sure their foot is straight and gently hold their toes flat.

Move the toe slide until it just touches the tip of their longest toe.



### MEASURE THE LENGTH **STEP 03**

Make a note of the length measurement, as indicated by the number in the circular window.

If the window doesn't line up precisely with a number, use the black lines on the side of the ruler for an exact reading.



### MEASURE THE LENGTH **STEP 04**

In this example, the measurement is **194**.

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### MEASURE THE WIDTH **STEP 01**

For the width measurement, the tape needs to be positioned across the widest part of the foot.

To find that, place a finger in the middle of your child's foot on the big toe side and move it towards the toes.

Stop when you feel a slight bump - this is the big toe joint.

Slide one end of the tape until it sits in the middle of the big toe joint.



### MEASURE THE WIDTH **STEP 02**

Slide the other end of the tape until it sits in the middle of the joint at the base of the little toe.

The tape should now follow the line of the joints - the widest part of the foot.



**MEASURE THE WIDTH STEP 03**

Pull the tape until it just rests around the foot.

Try not to pull the tape tight, as this will result in a narrow measurement.

Make a note of the width measurement at the point indicated by the black arrow.



**MEASURE THE WIDTH STEP 04**

In this example, the measurement is 137.

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Repeat all these steps for the other foot.

**NEXT STEPS**

To turn your measurements into a Clarks size, search 'Size Calculator' on Clarks.co.uk.

If you're in any doubt at all about the measurements you've taken, just pop into one of our stores where one of our expertly trained fitters will be happy to help.